



West Hub

Mental Health Research Network



National Institute for Health Research

ISSUE 3

West Hub News

NOVEMBER 2010

INSIDE THIS ISSUE:

Welcome & Updates — <i>what we've been up to over the last few months</i>	1
Details of West Hub Research Day 2011 announced — <i>submit an abstract and get involved or just come along and find out more about us and local research. Great networking opportunities!</i>	2
Spotlight Interview with clinician Charles Antwi — <i>Dr Antwi gives us the lowdown on what its really like to be a clinician involved in research</i>	3
Study Update — <i>the nitty gritty of our day to day work</i>	4
Focus on... OASIS	5
Current vacancies — <i>Exciting Opportunities available!</i>	6
The essentials — <i>Our services and how to contact us</i>	7 & 8

WELCOME

Welcome to the Autumn edition of West Hub News. Now that the Summer holidays are over and the nights are drawing in Autumn traditionally marks the start of a busy time for the Hub, with mid-year reports due in and a renewed energy from studies encouraging clinicians to recruit to studies.

After a one year hiatus for the National Conference you will be pleased to hear our annual Research Day is back. Due to be hosted in Exeter on Wednesday 9th March 2011 this is a fantastic opportunity to find out more about what's happening in the world of Mental Health Research as well as being a great chance to network with colleagues and get more involved with what we do. See inside for further information on how to register or submit an abstract.

Other highlights in this issue include a spotlight interview with Dr Charles Antwi, who as a successful recruiting clinician based in the Devon patch tells us more about his involvement in research as well as a summary of the OASIS study.

There are important vacancies to fill as well, since our long standing Hub Lead, Professor Glyn Lewis and equally long-standing Primary Care Lead Professor Debbie Sharp have decided now is the time to hand over their respective batons. Although they will both be around until the New Year and will continue to be involved in Hub Studies, I'm sure we speak for everyone when we say that their departures from these key roles within the Hub will certainly be noticeable.

New West Hub Studies

- **Viewpoint** - A telephone survey regarding experience of stigma and discrimination
- **Cipold** - (Confidential Inquiry into the Premature deaths Of people with Learning Disabilities) - to set up a system to notify researchers of deaths and arrange interviews with family/carers.
- **A Controlled trial of a Manualised Anger Management Intervention** - To evaluate the effectiveness of anger management interventions for people with mild to moderate learning disabilities
- **Astra Zeneca Seroquel SOL** - To study the effectiveness of immediate release quetiapine vs. extended release quetiapine
- **Men's groups for depression** - 'Back on Track for men'. Investigating if depressed male primary care patients can be supported in groups
- **WEMSS** - (Evaluation of Enhanced Women's Medium Secure Services) - a group of 42 women had access to a pilot management scheme. The pilot is to be evaluated in comparison to standard care.

Since Last Time...

Ross Godfree has left his post as CSO in Hampshire to take up a competitive Clinical Psychology Doctorate course, we wish him the best for his future career. We welcome Jamie Pratt who joins us from a clinical setting to replace Ross. We have welcomed Siobhan Floyd and Michelle Phillips to the team. They have been employed by AWP to work as

CSOs for MHRN and Dendron across Avon and Wiltshire. We are pleased to welcome back Chantal Sunter to her position as West Hub manager following maternity leave. We are also pleased to announce the arrival of West Hub babies 6, 7 & 8 from Anna James (CSO), Clair Dunbavand (Hub Administrator) and Jessica Craib (Hub Manager maternity cover)

Tony Soteriou has left his post as R&D Director in AWP to take up a secondment in the Department of Health, we wish him the best for his future career. Susan Bryant has left her post as Service User Development Officer to take up a post as Research Associate on the DDELPHI Study in the Unit of Primary Healthcare. We wish her well in her new post.



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MENTAL HEALTH RESEARCH IN THE SOUTH WEST Research Day 2011

Wednesday, 9th March 2011, Exeter Conference Centre, Exeter

This research day is a fantastic networking opportunity and is targeted at everyone involved with or who has an interest in mental health research including healthcare professionals, researchers, service users and carers.



We are inviting abstracts for speaker presentations, posters and workshops in all areas of mental health, including :

- Primary care
- Secondary care
- Social care
- Pharmaceutical /commercial trials
- Service user/carer led research

The Mental Health Research Network (MHRN) has been established to facilitate research into mental health problems and to improve collaboration between researchers and NHS partners. The West Hub of the Network is a consortium of Universities and NHS Trusts across the South West including Avon, Wiltshire, Devon and Cornwall, with linked sites in Hampshire and Gloucestershire

If you would like to take part in this exciting event, abstracts can refer to **completed studies** and ones **currently in progress**, but should include details of impact, relevance and importance to practice. We would like the event to include both the research and the experience of being involved in research. There will be prizes for the best speaker and poster presentations We will reimburse travel expenses for service users & carers. **This event is free of charge.** (non attendance without reasonable notification will be chargeable)

Registration forms can be obtained by visiting www.mhrn.info or by contacting us on westhub-mhrn@bristol.ac.uk or by telephone: 0117 331 0921

- Abstract submission** : Please complete the registration and abstract sections and return on the email address above by **Monday, 13th December 2010**
- Registration only** : Please complete the registration section only and return on the email address above by **Friday, 21st January 2011**



Hosted by :

Devon Partnership NHS Trust

West Hub Mental Health Research Network
Academic Unit of Psychiatry, University of Bristol
Cotham House, Cotham Hill
Bristol, BS6 6JL



Interview with Clinician Charles Antwi

What is your professional background?

At the moment I work as a Consultant Psychiatrist for Younger Adults within Devon Partnership, which is a community post based in Honiton. I find this work very exciting and fulfilling.

I initially worked as a Physician for a few years and during this period completed a research PhD in Diabetes. I got into Psychiatry in an unplanned fashion.

What made you swap?

I initially got into Psychiatry due to increasing curiosity and poor understanding of mental health disorders. It was going to be only a 6-month exposure but I have since remained in Psychiatry, which I find very fascinating and enjoy a broad range of intellectually very stimulating cases.

What made you get involved in research?

Amongst other things, research contributes to new ways of developing potential future treatments and evidence based practice. I find that very relevant.

I've always been interested in research but never really had a chance in my psychiatry training days until I became a staff grade, when I gained the opportunity to with the Research and Development Department, Devon Partnership NHS Trust. I have participated in several clinical studies and enjoy my role.

What do you enjoy most about research?

I suppose for me, that there is a potential treatment out there, and getting eligible patients to try that new treatment that they may not have been available in their routine care, and seeing an improvement, that is a drive to keep trying further.

Do you have any particular areas of interest?

I have been involved in RCT trials with the local R&D department and this is an area of special interest to me. I hope to explore beyond this and look forward to developing my interest in qualitative studies.

Do you specialise in any particular area, any particular disorder?

Psychosis is an area of special interest to me at the moment.

How did you get involved with the MHRN?

I think it was an indirect connection in relation to my work with the local R&D department.

Do you feel the MHRN made a difference to the research you do in Devon?

I believe so, through research opportunities made available to local Trusts and implementation of research medicines, some of which have brought significant improvement in patient care.

Have you found the role of the CSO helpful in conducting research?

Absolutely, I see them as being a real backbone to the success of local research activities. I find them very effective, enthusiastic, very positive and it is always a pleasure meeting with them.

Any other comments:

I hope to develop working relationship with the MHRN as opportunities become available.

Interview conducted by Alice Garrood and Sian Lison, CSOs for the Devon Region

The MHRN needs clinicians to support research.

Could you help?

The West Hub needs clinicians to be Principal Investigators and Local Collaborators .

What would this involve?

- * Promoting research among peers.
- * Actively recruiting participants into research projects.
- * Working with Clinical Studies Officers to ensure that research is conducted to the highest standard.

What will you get in return?

- In return anyone supporting research becomes eligible to attend free training, for example training on Good Clinical Practice and obtaining Informed Consent.
- Those who take on the role of Principle Investigator or Local Collaborator will be eligible to apply for additional funding to support their involvement in research.
- Supporting research counts towards a career development portfolio.
- You will receive assistance and help from the MHRN.

Please contact us or complete the Register of Interest form if you would like further information about supporting research.

West Hub Studies Currently Receiving CSO Support

ANTICIPATE

Anticipate A randomised trial of cognitive therapy for antenatal depression.

Atomoxetine HSEN Trial of atomoxetine for ADHD in children with special needs.



CADET Multi-centre randomised controlled trial of collaborative care for depression.

CASIS A randomised pragmatic controlled trial comparing the cost effectiveness of supplementing standard care with an intervention for carers of people with severe anorexia nervosa (inpatients).

CEQUEL

CEQUEL Comparative Evaluation of Qutiapine-Lamotrigine combination (and folic acid versus placebo) in patients with bipolar depression.

CIPOLD - Confidential inquiry into the premature deaths of people with learning difficulties.



COBALT Cognitive behavioural therapy as an adjunct to pharmacotherapy for treatment resistant depression in primary care: a randomised controlled trial.

CONTACT Development of an intervention aimed at reducing the risk of suicide following psychiatric inpatient discharge (part of **National SPS**)

Crossing the Divide Diagnostic component. Assessing the diagnostic procedures for Autism Spectrum Disorders and Attention Deficit Hyperactivity Disorder in early adulthood.

END Education Not Discrimination: Time to Change. An assessment of an intervention aimed at reducing stigma of mental illness.

FEP study The role of Primary Care for young people with First Episode Psychosis.



fiat Financial incentives to improve adherence to anti-psychotic medication in non-adherent patients – a cluster randomised controlled trial.

HoMaSH 2 Variations in self harm delivery.

MPTW Effectiveness of Multi-Professional Team Working in mental health care.

NCISH - National confidential inquiry into suicide and homicide by people with mental illness

OASIS Observational Assessment of Safety in Seroquel. Patients monitored for 12 weeks. Questionnaires completed by patients with member of clinical team.

OCTET The Oxford Community Treatment Order Evaluation Trial.



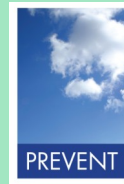
PARTNERS Developing integrated care in Primary Care for people with serious mental illness.

Molecular genetic investigation of bipolar disorder and related mood disorders

The Effectiveness and Cost-effectiveness of Perinatal Psychiatry Services



PET A preliminary comparison of acute mental health inpatient wards which use protracted engagement time, with other wards delivering standard care alone.



Prevent (MBCT) Preventing depression relapse / recurrence in NHS settings through mindfulness-based cognitive therapy.

Psych-BTS - Rates of psychiatric illness in long term survivors of early childhood brain tumours

REAL Rehabilitation Effectiveness and Activities for Life. A multicentre study of rehabilitation services and the efficacy of promoting activities for people with severe mental health problems.



reeact The randomised evaluation of the effectiveness and acceptability of computerised therapy trial.

REFOCUS Developing a recovery focus in mental health services in England.

SAGE2 A whole-genome linkage study of Attention Deficit Hyperactivity Disorder (ADHD) with antisocial behaviour as a covariate.

SCH-3005 A study to assess the efficacy of paliperidone palmitate compare to treatment as usual with oral antipsychotic

VORAMSS The validation of new risk assessment instruments for patients discharged from medium secure services.



For further information please contact our Senior Clinical Studies Officer Kate Brooks email : Kate.Brooks@bristol.ac.uk



OASIS Study

OASIS is a post-marketing safety study of Seroquel in the mental health trust setting. It was requested by the MHRA as part of the Risk Management Plan for the manufacturer, AstraZeneca, but is being carried out independently by the Drug Safety Research Unit in Southampton



OASIS is an observational cohort study examining the short term safety and use of Seroquel XL and as a comparator, quetiapine IR. The study aims to recruit 1500 patients (750 patients in each arm) throughout England over a three year period.

Since its launch in December 2009, 80% of the mental health trusts in England are now involved or wish to be involved in the OASIS study. We currently have over 60 investigators able to recruit and we already have 61 consented patients since our first full approval for research was granted in February 2010.

With the continuing support of the Mental Health Research Network, our present investigators and those yet to enrol, the OASIS study team expects to see increases in these figures and patient recruitment over the coming months.

Our success depends on your participation and we are keen to make this as simple as possible for you.

Who can be included?

- Any patient with a clinical diagnosis of Schizophrenia or a manic episode associated with bi-polar disorder, but please contact us if you have questions regarding inclusion.
- Where a clinical decision has been made to treat the above conditions with Seroquel XL or IR
- The patient has not used the medication previously

Where the patient has capacity to give informed consent

The care team will be asked to complete a baseline questionnaire when Seroquel is initiated, then a second questionnaire after 12 weeks. The questionnaires will comprise of closed-ended questions on patient demographics, past medical and drug history, dose titration and any adverse events experienced.

The Drug Safety Research Unit (DSRU). Who are we & what do we do?

The Drug Safety Research Unit (DSRU), based in Southampton, is a leading independent academic research organization internationally renowned for its work in Prescription Event Monitoring (PEM), Drug Safety and Educational Activities for more than two decades. Established in 1981, DSRU monitors, studies and communicates the safety of

medicines in order to protect the public from untoward and unwanted side-effects of new medicines. The DSRU's activities are principally concerned with pharmacovigilance and pharmacoepidemiology, and the DSRU undertakes all forms of research studies and evaluations of the safety of medicines and provides education and training in pharmacovigilance and related subjects. The Unit's academic excellence is demonstrated through its production of publications in international peer reviewed journals since 1980.



Bursledon Hall - Home of the DSRU, Southampton.

Through our research activities, we offer advice and support for risk management plans, as well as providing data to regulatory authorities in support of their public health role. As a registered independent medical charity, its aim is to achieve the highest possible scientific and ethical standards, by putting the interests of patients first and to work with integrity and fairness with all our partners.



Dr Hayley Dash

Who do I contact?

Dr Hayley Dash – regional study facilitator

If you have any questions on any aspect of OASIS or if you would like to register and recruit patients, please contact Hayley at hayley.dash@dsru.org
Tel: 01454 324553.

Alternatively, you can visit our website at www.dsru.org/oasis. Here you will find details of the study and how to get involved. You can also register online which will enable you to download the consent forms and questionnaires.



Dr Sarah Clarke

Dr Sarah Clarke – OASIS Study Manager

You can also contact our study manager at sarah.clarke@dsru.org
Tel: 02380 408600

Primary Care Lead

Applications are invited for a Primary Care Lead to join the West Hub of the NIHR Mental Health Research Network. The amount of time spent on this post and the tasks involved are to be agreed between the local MHRN and the post-holder – usually one programmed activity per week. The programmed activity will be required to be worked flexibly. The Primary Care Lead will be accountable to the Hub Lead and Hub Executive Committee. The post is available from January 2011.

The main responsibility of the Primary Care Lead is to enhance connections between the

Hub and primary care services to act as effective recruitment sites for MHRN projects. The post-holder will work to increase the interest of primary care services in mental health research and to liaise effectively with the Primary Care Research Network (PCRN) concerning research related activity. For more information either Chantal Sunter, West Hub Manager, on 0117 3310936, Chantal.sunter@bristol.ac.uk or Glyn Lewis, West Hub Lead on 0117 9546796, glyn.lewis@bristol.ac.uk

Closing Date: 25 November

Lead Service User Representative

Sadly, our long standing Lead Service User Representative Patsy Staddon has stepped down from the role so we are on the hunt for someone to take up this currently vacant position. The ideal candidate will be able to represent service users by sitting on our Hub Executive Committee, being involved with Hub interview panels for new staff, sitting on the

Service User Steering Group, helping with our annual research day and representing the Hub as appropriate. All travel expenses would be paid and financial reimbursement is available for activities carried out. For an informal chat about the position or to express an interest in the post please contact Chantal Sunter on 0117 3310936 or Chantal.sunter@bristol.ac.uk

West Hub Lead

The Hub Lead will provide leadership for the work of West Hub MHRN, developing the Hub strategy and overseeing its implementation, supported by a Hub Executive Committee and a Manager. A key task will be to further develop a strong local portfolio of MHRN activity, working with local clinicians to encourage their participation, building upon local clinical strengths and research interests and priorities. This is an important and exciting opportunity for motivated clinicians with highly developed leadership and networking skills and a strong enthusiasm for clinical research in mental health and social care. Applications are invited from Senior Clinicians (Consultant Psychiatrist, Psychologist or

equivalent status) with an academic track record and a sound understanding of research methodologies, Research Governance issues and NHS Research and Development processes. The post is available from January 2011 until December 2013, in the first instance. This tenure is subject to annual review, the expectation being that on satisfactory final review the post will be renewed after 3 years. For more information either Chantal Sunter, West Hub Manager, on 0117 3310936, Chantal.sunter@bristol.ac.uk or Glyn Lewis, West Hub Lead on 0117 9546796, glyn.lewis@bristol.ac.uk

Closing Date: 25 November 2010

How the MHRN can help your project

If your mental health or social care project has been adopted by the MHRN, the West Hub can help with the following:



Study set up – our clinical studies officers (CSOs) can help complete local approval applications .



Recruitment – CSOs are able to assist with identifying potential participants, note searches, baseline assessments and recruiting clinicians to refer patients. Where capacity exists CSO's may be able to provide some help with follow up.



Expert advice – we have social care and primary care leads who can provide valuable advice for projects in these settings



Communications – the network can be used to increase publicity for the study; study publications can be advertised on the MHRN website

If your study is in the design phase and has not yet been adopted by the MHRN, we can help to point you in the right direction of other specialist support services such as the NIHR Research Design Service. We can also advise you at this stage whether your project would be eligible for adoption by the network.

In addition, each MHRN hub has good links with other NIHR networks and local mental health teams that we could put you in touch with. It can also help you to make contact with R&D offices for issues such as honorary contracts and with Comprehensive Local Research Networks for assistance with financial matters such as service support costs.

Contact the Hub

Hub Lead: Professor Glyn Lewis

Deputy Lead: Dr Peter Aitken

Hub Manager: Chantal Sunter; chantal.sunter@bristol.ac.uk

Senior Clinical Studies Officer: Kate Brooks; kate.brooks@bristol.ac.uk

Primary Care Lead: Professor Debbie Sharp

Social Care Lead: Professor John Carpenter

Service User and Carer Development Worker: Position currently vacant



Clinical Studies Officers:

Davina Chauhan (Bristol), Joy Farrimond (Bristol), Nathan Filer (Bristol), Lone Gale (Bristol), Anna James (Bristol) - on maternity leave, Clare Sandham (Bristol), Sheila Shatford (Bristol), Siobhan Floyd (Bristol), Michelle Phillips (Bristol), Alice Garrood (Exeter), Sian Lison (Exeter), Genevieve Riley (Glos), Clare Dale (Cornwall), Sara Clayton (Cornwall), Jon Allard (Cornwall), Jami Pratt (Hampshire)

e-Science Officer: Richard Munday; Richard.Munday@Bristol.ac.uk

Administrator: Judith Brown (maternity cover for Clair Dunbavand); westhub-mhrn@bristol.ac.uk

Consortium Clinical Sites: Avon and Wiltshire Mental Health Partnership NHS Trust (AWP), Devon Partnership NHS Trust, Cornwall Partnership NHS Trust

Linked Clinical Site: University of Southampton (in collaboration with the Southampton Mental Health and Primary Care Partnership), 2gether NHS Foundation Trust for Gloucestershire,

Academic: University of Bristol, University of Bath, University of West of England, Peninsula Medical School, University of Exeter, University of Plymouth

Web address for the west hub: <http://www.mhrn.info/index/research/west.html>



West Hub
Mental Health Research Network

West Hub Register of Research Interests

If you are interested in being added to our database to receive future newsletters and information, please complete this form. Once we have your details we will circulate information about potential trials of interest to you as and when they are adopted by the Mental Health Research Network. Please return your form by post or email (details at the bottom of the form).

1. Contact Details:

Name	
Address	
Email	
Telephone	
Principal Employer	
Job Role	

3a. Research Interests (please tick):

Primary Care : Old Age: Social Care:
 Adult (general): Child & Adolescent Mental Health Services:

3b. Specialist Interests:

Rehabilitation:	<input type="checkbox"/>	Schizophrenia	<input type="checkbox"/>
General Psychiatry:	<input type="checkbox"/>	Bipolar	<input type="checkbox"/>
Personality Disorders:	<input type="checkbox"/>	Other (specify)	<input type="checkbox"/>
Forensic Psychiatry:	<input type="checkbox"/>	<input type="text"/>	
Learning Disability	<input type="checkbox"/>		
Eating Disorders:	<input type="checkbox"/>		
Child and Adolescent Psychiatry:	<input type="checkbox"/>		
Old Age Psychiatry:	<input type="checkbox"/>		
Primary Care Psychiatry:	<input type="checkbox"/>	THANK YOU.	
Substance Misuse:	<input type="checkbox"/>		
Creative Therapies:	<input type="checkbox"/>		

Completed forms should be sent to:
 Judith Brown
 West Hub MHRN, Academic Unit of Psychiatry,
 Cotham House, Cotham Hill, Bristol, BS6 6JL
 Tel 0117 3310921 or westhub-mhrn@bristol.ac.uk